



Sports in Schools

***We are a London based Sports in Schools Company providing fun and enjoyable sports coaching and sporting activities to children aged 5-11 years within local primary schools. Our classes are delivered by our friendly and dedicated team of professional sports coaches.***





# ***Activities and Sports***



## ***Services offered by The Little Runners:***

***Breakfast Clubs***  
***After School Clubs***  
***PPA Cover***  
***Lunchtime Clubs***

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***Football***  
***Basketball***  
***Hockey***  
***Tag-Rugby***  
***Handball***  
***Multi Sports / Games***  
***Athletics***  
***Street Dance***



***We already deliver well-established services within many local schools across London and the success of The Little Runners since the outset is testament to the quality of the services we provide. We pride ourselves on the mission to enhance the lives of children through taking part in sports-based activities both in school and during the half-term holiday club sessions.***



***There are so many positive benefits for children participating in sports-based activities.  
Some of these benefits include:***

***Building good leadership skills***

***Curbing the rise in childhood obesity and diabetes***

***Fostering an interest in sports in the community***

***Improved concentration levels during lessons***

***Improved self-confidence***

***Positive sportsmanship***

***Reduce bullying***

***Social inclusion***





## ***All-inclusive Participation Awards & Trophies***

***Every child is a winner at our Multi-Sports camp! Each child that attends our camps will leave with a participation trophy. There are extra incentives to play for too, such as our Player's Player Award, and we celebrate our prize-giving at our award presentation at 3 pm on the final day of our camp.***

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